

# SHIFT

DANCE ACADEMY

# SCHEDULE 2018/2019

MONDAY					TUESDAY				
	Studio1	Studio 2	Studio 3	Studio 4		Studio1	Studio 2	Studio 3	Studio 4
1:30-2:30	Grade 6 Ballet	Grade 7 Ballet			1:30-2:30				
2:30-3:00					2:30-3:00				
3:00-3:30					3:00-3:30				
3:30-4:00	Advanced Foundation Ballet (3:30-5:00)	Advanced 1 & 2 Ballet (3:30-5:00)			3:30-4:00	Beginner Hip Hop 6-8yrs (3:30-4:15)	Beginner Ballet 3-5yrs	Unset Ballet Technique and Pointe (3:30-5:00pm)	Intermediate Jazz Technique (3:45-5:00)
4:00-5:00			Miami Jazz	Vienna Contemporary	4:00-5:00	Beginner Competitive Hip Hop 7-9yrs (4:15-5:00)	Tokyo Jazz		
5:00- 6:00	Grade 3 Ballet	Beginner Jazz 9-12yrs	Vienna Jazz	NYC Company Large Group Contemporary	5:00- 6:00	Beginner Competitive Jazz 7-9yrs	Grade 4 Ballet	Milan Jazz	Grade 5 Ballet
6:00-7:00	Grade 7 Ballet	Beginner Competitive Jazz 10-12yrs	NYC Jazz	Senior Competitive Stage	6:00-7:00	Grade 2 Ballet	Tahiti Jazz	Grade 6 Ballet	Tokyo Lyrical
7:00-8:00	Grade 6 Ballet	Beginner Hip Hop 10+yrs	NYC Company Lyrical	Vienna Lyrical	7:00-8:00	Milan Contemporary	LA Jazz	Beginner Ballet 11+yrs	Tahiti Lyrical
8:00-9:00	Intermediate Foundation Ballet (8:00-9:30)	Teen Beginner Jazz 12+yrs	Milan Small Group	NYC Company (8:00-9:30)	8:00-9:00	Milan Hip Hop	Rio Jazz	Intermediate Foundation (8:00-9:30)	Teen Beginner Competitive Jazz
9:00-9:30					9:00-9:30				

### WEDNESDAY

### THURSDAY

	<u>Studio 1</u>	<u>Studio 2</u>	<u>Studio 3</u>	<u>Studio 4</u>		<u>Studio 1</u>	<u>Studio 2</u>	<u>Studio 3</u>	<u>Studio 4</u>
<b>1:30-2:30</b>	Advanced Jazz Technique (1:30-3:00pm)				<b>1:30-2:30</b>	Inter/Advanced Unset Ballet & Pointe (1:30-3:30)	Intermediate Foundation Ballet (1:30-3:30)		
<b>2:30-3:00</b>					<b>2:30-3:00</b>				
<b>3:00-3:30</b>					<b>3:00-3:30</b>				
<b>3:30-4:00</b>	Vienna Small Group (3:30-4:30)	Beginner Jazz/Hip Hop 4-5yrs (3:45-4:30)	Advanced Foundation Ballet (3:30-5:00)	Grade 1 Ballet 6-9yrs (3:45-4:30)	<b>3:30-4:00</b>	Advanced Foundation Ballet (3:30-5:00)	Advanced 1 & 2 Ballet (3:30-5:00)		Intermediate Ballet (3:30-5:00)
<b>4:00-5:00</b>	LA Lyrical (4:30-5:30)	Beginner Hip Hop 6-8yrs (4:30-5:15)		Beginner Ballet 4-5yrs (4:30-5:00)	<b>4:00-5:00</b>			Tahiti Jazz	
<b>5:00-6:00</b>	NYC Lyrical (5:30-6:30)	Beginner Musical Theatre 9-12yrs (5:15-6:00)	Grade 7 Ballet	Miami Jazz	<b>5:00-6:00</b>	Advanced Lyrical Technique (4:45-6:00)	Grade 7 Ballet	Rio Jazz	Tahiti/Tokyo Hip Hop
<b>6:00-7:00</b>	Advanced Jazz Technique (6:30-7:45)	Tahiti/Tokyo Contemporary	Grade 3 Ballet	Beginner Hip Hop 9-12yrs	<b>6:00-7:00</b>	Vienna Jazz	Grade 5 Ballet	Milan Jazz	NYC Hip Hop
<b>7:00-8:00</b>		Miami Lyrical	Grade 4 Ballet	Beginner Lyrical 9-12yrs	<b>7:00-8:00</b>	NYC Jazz	Grade 4 Ballet	LA Jazz	Vienna Hip Hop
<b>8:00-9:00</b>		NYC Company (7:45-9:15)	Beginner Contemporary 11+yrs	Inter/Adv Pointe	Teen Beginner Hip Hop 12+yrs	<b>8:00-9:00</b>	Milan Lyrical	Intermediate Foundation Ballet (8:00-9:30)	Tokyo Jazz
<b>9:00-9:30</b>					<b>9:00-9:30</b>				

<b>FRIDAY</b>					<b>SATURDAY</b>				
	<b>Studio1</b>	<b>Studio 2</b>	<b>Studio 3</b>	<b>Studio 4</b>		<b>Studio1</b>	<b>Studio 2</b>	<b>Studio 3</b>	<b>Studio 4</b>
<b>1:30-2:30</b>	Grade 6 Ballet	Grade 7 Ballet			<b>9:00-10:00</b>	Yoga for Dancers Ages 8+		Intermediate Foundation (9:00-10:30)	Grade 1 Ballet
<b>2:30-3:00</b>					<b>10:00-10:30</b>	Beginner Jazz 6-8 yrs	Intermediate Acro Technique (10:00-11:00)		Grade 2 Ballet
<b>3:00-3:30</b>	Stretch & Strength	Intermediate Competitive Ballet			<b>10:30-11:00</b>		Level 1 Acro (10:00-11:00)	Intermediate Pointe	
<b>3:30-4:00</b>	Intermediate Ballet (3:30-5:00)	Intermediate Foundation Ballet (3:30-5:00)	Pre- Pointe	Beginner Competitive Musical Theatre (3:30-4:15)	<b>11:00-12:00</b>	Beginner Contemporary 8+ yrs	Junior Competitive Acro	Grade 5 Ballet	Beginner Tap 7+ yrs
<b>4:00-5:00</b>			Beginner Competitive Lyrical 9-12 yrs	LA Hip Hop (4:15-5:00)	<b>12:00-1:00</b>	Stretch & Strength	Beginner Acro 8+ yrs	Grade 4 Ballet	Grade 3 Ballet
<b>5:00- 6:00</b>	Grade 6 Ballet	Competitive Stage	Rio Lyrical	Beginner Competitive Hip Hop 10+ yrs	<b>1:00-2:00</b>	Beginner Lyrical 8+ yrs	Advanced Acro Tehcnique (1:00-2:30)	Grade 6 Ballet	Beginner Ballet 9-12 yrs
<b>6:00-7:00</b>	Beginner Competitive Ballet for RAD Grades 3-6	Singers Musical Theatre	Teen Beginner Competitive Lyrical	Rio Hip Hop	<b>2:00-3:00</b>	Beginner Jazz 9+ yrs			
<b>7:00-8:00</b>		LA Small Group	Teen Beginner Competitive Contemporary	Rio Contemporary	<b>3:00-4:00</b>		Advanced Competitive Acro (2:30-3:30)		